

VITA LIFT

VITA LIFT is a formula life extension product.

For thousands of years the Egyptians, the Indians and the Chinese have recognised the benefit of living in harmony with nature according to the philosophy of the five (5) elements. As it is in nature so it is in the human body.

VITA LIFT provides all the food necessary for boosting all the major organ channel systems of the body. These systems nourish each other in their nourishing cycle, and control one another in their controlling cycle. They were created in your body to work in "synergy", which means that the benefit to you is far greater than the sum total of the benefits of each of the individual five phases.

Understanding these five (5) phases will help you to recognize the way in which the body is a self-regulating, self-balancing, and self-fixing organism. You will recognise the benefit of (a) the "right input " of the seven principles of life. Including (b) the right whole foods in the right proportion, and the right combination.

These foods must contain the right amount of matter to be "digested" and "absorbed" to regenerate the "form" of your body. This right combination of the right whole foods in the right proportions, provide the synergy needs for skin, muscle, bone and organs. Your "life force" will then transform, transpose, and transmute these substances into the matter needed by every cell in your body.

This is where the VITA LIFT is needed.

VITA LIFT contains an awesome line up of combinations of nutrients that provide synergy for cellular nutrition. Most people will agree that the air we breathe is polluted and acidic, devoid of enough oxygen. The water we drink from the tap is polluted and acidic and devoid of the "Alkaline Earths". Thus the necessity to drink pure alkaline water put through filters, or reverse osmosis machines. The food we eat is polluted with chemicals and antibiotics and "empty" of natural ingredients.

One heaped dessertspoon of VITA LIFT at least 2 times daily blended with your other smoothie ingredients, including linseed oil, and fruit of your choice, will provide better than (65) sixty-five macro nutrients and better

than (20) twenty micro nutrients. These are all contained in easy to digest, concentrated dried vegetables, fruits and grains.

It is important to deliver to the cells of the body the right form of nutrition to allow for total digestion, absorption and assimilation in today's world. We should all be aware that you will not digest or assimilate if you are stressed. Stress is everywhere today. The physical, emotional, and mental phenomenon that causes stress from your interconnection with people, places and things, leaves your body in the "acid" state and it needs the right balance of cellular nutrition to turn it back to the "alkaline" state.

The answer is VITA LIFT.

As food it can also be sprinkled over any other food you eat or blended as is in hot or cold water. It may be added to fruit juice for that extra boost of Complex Carbohydrates.

VITA LIFT contains potent dosages of more than sixty five (65) nutrients and twenty (20) trace elements shown by specific studies to reduce the risk of - degenerative diseases.

INGREDIENTS:

Whey	Extension Powder Premix * (see analysis)
Whey Protein Concentrate	Stevia
Rice Flour	Vanilla Flavour
	Barley Powder
Amaranth Flour	Alfalfa Powder
Amaranth Cereal	Vegie Mix: (Mushroom, Carrot, Spinach,
Calcium Caseinate	Celery Powder, Rhubarb Root, Eggplant,
Guar Gum	Red Capsicum, Tomato, Beetroot, Broccoli,
Xanthan Gum	Asparagus Powder) Sodium Alginate

Whey and Whey Protein Concentrate:

- Refer to previous documented information

Bio Dynamic Rice Flour:

- Gluten Free
- It is non-allergenic, making it valuable as a wheat substitute for those allergic to gluten and wheat flour products
- Rice is an excellent source of high-energy carbohydrates.
- Rich in essential amino acids: Leucine, Arginine, Glutamic acid, Aspartic acid
- Extremallayers contain vitamin B1, B2 and minerals .Whole rice is nutritionally superior to white rice

Amaranth:

- Amaranth is an ancient Aztec grain that could be called a nutritional wonder. The protein in amaranth is a much better quality than in soy beans and has the highest amount of protein of any other grains
- High digestibility
- No cholesterol
- Gluten free
- High in dietary fibre
- High quantities of all the eight essential amino acids and some of the other 15 non -essential amino acids
- Contains a rare group of vitamin 'E' isomers known as tocotrienols
- Squalene (found in olives and deep sea dog shark) and phytosterols (common in soy beans)
- Contains high quantity and quality carbohydrates

Calcium Caseinate:

- Refer to previous documented information

Guar Gum:

- Guar Gum regulates blood glucose levels and lowers cholesterol, low density lipoprotein levels, and triglycerides, decreases the appetite and is beneficial in the treatment of diabetes.

- Helps in the removal of toxins by binding them and carrying them out of the body
- As a fibre, it is a preventative for obesity, colon cancer, constipation and many other health problems

Xanthan Gum:

- Xanthan gum is a natural gum that is easily assimilated by the body and suitable for allergy sufferers and those with a sensitivity to gluten

Sodium Alginate:

- Sodium is essential for health primarily for our water balance and blood Ph
- Assists the functioning of muscles, nerves and the stomach
- It assists greatly in the hydration and peristalsis of the G.I.T. (Gastro intestinal tract)

Stevia:

- Refer to previous documented information

Barley grass Powder:

- Is a wholefood containing nutrients, vitamins, amino acids, trace elements, beta carotene, calcium, abundant natural active enzymes anti-oxidant S\1peroxifide Dismutase and chlorophyll -
- Contains more minerals, vitamins and protein than any other green leafy vegetable -contains all the nutritional value of a green leafy salad in a single tsp serve
- Produces soluble and insoluble fibres which contain most of the mineral content of the plant which the digestive system is readily able to access through the usual digestive processes
- The micro-fine fibres gently scrub, cleanse and soothe the colon to assist with healing -twice the fibre of bran and more than spinach
- Can assist in improving the metabolism, excretion, elimination and neutralising of toxicity and cell rubbish without any side effects

- The abundant Potassium Ion can be quickly absorbed by the body and resume the quick work of the brain
- The active enzymes can kill the free radicals in the body, thus improving immunity, and reducing cholesterol
- The existence of chromium assists with stability of blood sugar

Alfalfa Powder:

- Contains all the essential amino acids, beta carotene, calcium, vitamin D, vitamin E, and vitamin K which assists to rebuild the intestinal wall
- Very high in chlorophyll, anti oxidant properties, enzymes, minerals, proteins, and organic vitamins
- Assists in digestion, weight control, counteracts fatigue, eliminates toxicity and acidity, a natural diuretic by acting as a kidney tonic
- Assists to combat osteoporosis, rejuvenates unhealthy and brittle hair
- Alkalizes the body, especially the liver to detoxify and cleanse the blood
- Is used in the treatment of urinary tract infections, kidney, bladder and prostate disorders
- Recommended for bone and joint disorders, digestive problems, skin disorders and ulcers
- Neutralizes acids and is an excellent blood purifier and blood thinner
- Improves the appetite and aids the assimilation of protein, calcium and other nutrients
- Promotes pituitary gland function
- Used to assist elimination of free radicals in the body
- Effective for reducing pain and inflammatory responses

Vegie Mix:

- A group of synergistic vegetable extract concentrates used in the right combinations, in the right whole form, which possess the necessary requirements to provide natural nutritional supplementation for all the five systems

Extension Powder Pre-mix: Typical Analysis: Vitamins and Minerals per 100gm.:

- Ascorbate Citrus Anti-oxidant
- Complex Pre-mix
- Vitamin C (Calcium Magnesium) 980 mg
- Vitamin C (Ascorbic Acid) 890 mg
- Ascorbyl Premitate 175 mg
- Acerola Juice Powder 280 mg
- Citrus Bio Flavonoids 350 mg
- Hesperiden Complex 230 mg
- Bromelain 12 mg

Herbal Antioxidant Complex Premix:

- Grapeseed Skin Extract 25 mg
- Bilberry 25 mg .Milk Thistle 45 mg
- Ginger Extract 175 mg

Vitamin -Mineral Anti-oxidant Complex Premix:

- Vitamin E 450 iu
- Vitamin A 480 iu
- Selenium 88 mg
- Zinc 35 mg

Vitamin B Complex Premix:

- Vitamin B1 (Thiamin HCL) 120 mg
- Vitamin B2 (Riboflavin) 40 mg
- Vitamin B3 (Niacinamide) 80 mg
- Vitamin B3 (Niacin) 380 mg

- Vitamin B5 Calcium Pentathenate) 550 mg
- Vitamin B6 (Pyridoxine HCL) 8.8 mg
- Vitamin B12 (Cyanocobalamine) 240 mg
- Vitamin B12 (Hydroxyl Cobalamine) 240 mg
- Vitamin B12 (Ion exchange resin) 80 mg
- P .A.B.A. 180 mg
- Folate 750 mg
- Biotin 550 mg
- Trimethylglycine 80 mg

Mineral Complex Premix Elemental:

- Magnesium (Aspartate, Glycinate, Arginate) 380 mg 980 mg
- Calcium Sterate 20 mg 250 mg
- Potassium (Aspartate, Chloride) 30 mg 100 mg
- Vitamin D 3 280 iu
- Chromium Picolinate 80 mcg
- Molybdenum (Sodium Molybdinate) 130 mcg
- Manganese (Gluconate) 5 mcg
- Iodine (Kelp) over (7) 18 mcg

Typical Amino Acid Profile: Grams /100gm

- Amino Acids Isoleucine 4.80
- Leucine 7
- Lysine 6.50
- Methionine 1.50
- Cystine 1.60
- Phenylalanine 5.20
- Tyrosine 3.90

- Tryptophan 1.20
- Valine 5.10
- Arginine 7.70
- Histidine 2.50
- Threonine 4.10