

VITAL BALANCE COLON CLEAN

"When the bowel works well, you feel great!"

The average person, has between 1 and 3 kg of unwanted matter stuck to their bowel wall which sits there putrefying, creating a source of toxicity, a breeding ground for pathogens and bad germs creating a welcome home for parasites.

Great for people who suffer from:

- Constipation, diarrhea, sluggish elimination, irregular/irritable bowel movements
- Feeling of incomplete elimination
- Bad breath and foul smelling stools
- Poorly formed, hard, small, or "ribbon" shaped stools
- Skin problems, rashes, boils, pimples, acne
- Frequent mucous, colds, viruses
- Menstrual disorders, thrush
- Chronic Fatigue Syndrome
- Back Pain

Most people in western society will benefit from periodic cleansing particularly if they are suffering from any type of toxic build-up in the bowel. According to Dr. Bernard Jensen, the famous American naturopath, after working with over 350,000 patients over a 50 year span, not one of them was free from some form of bowel disorder. He concluded that all sick people have bowel problems and all sick people are tired and toxin laden.

Dr. Jensen likens the eliminative system to a sewer system. Simply put, if the sewer system gets blocked, the body remains soaking in its own putrid, toxic waste, which fosters a condition, which is conducive to disease development.

Fibre vs. Magnesium Oxide ...

There is no doubt that a diet high in fibre is ideal for the health of the gastrointestinal tract. However, there are many people who cannot tolerate high fibre diets. Often those people needing high fibre diets the most, cannot tolerate large amounts of fibre due to food intolerance's, digestive insufficiencies, or have an overly sensitive, inflamed, and damaged bowel wall. In fact, when advised to increase their fibre intake, many people experience an increase in unpleasant symptoms. High fibre intolerance might manifest in increased bloating, wind, loose bowels, abdominal pain and cramps. For those suffering wheat and gluten intolerances magnesium oxide can be used as a gentle alternative to wheat fibre.

When incorporating magnesium oxide on a rotating basis, use of harsh laxatives can be decreased and bowel damage minimized.

A healthy person is home to hundreds of different types of beneficial and friendly bacteria that predominantly inhabit the gastrointestinal tract. It is estimated that there are more bacteria in the gut of a healthy individual than there are cells in the entire body. In return for a healthy and nourishing home, these friendly bacteria do much in return to contribute to the health of the host organism.

INGREDIENTS:

Magnesium Oxide:

- With sufficient water it is a great hydraliser
- When mixed with water and consumed, its unique properties allows it to liberate large amounts of water in the gastrointestinal tract
- The main cleansing benefits for Magnesium Oxide are derived from this ability to promote hydration
- The hydration process helps soften and liquefy the impacted and hardened fecal matter
- Useful as a "mini cleanse" for a day or two for abdominal bloating and fluid retention before a women's period
- A very gentle laxative
- An advantage of the magnesium oxide is that since it is consumed orally, it has the opportunity to cleanse the entire intestinal tract from "top to bottom"
- Will cleanse the bowel without irritating effects
- With the removal of excess waste material, the health, the blood supply and oxygenation of the colonic membranes should be promoted
- Magnesium Oxide is non-addictive and non-invasive
- Magnesium Oxide maintains vital body balance with many minerals and is involved in both carbohydrate and protein metabolism
- Is important for the healthy functioning of the heart and kidneys and is necessary to maintain integrity of the skeletal system
- Is a natural sedative for the nervous system commonly used to assist anxiety, nervousness, insomnia and high blood pressure
- Used for overexcited states of the gut wall in conditions such as IBS (Irritable Bowel Syndrome)
- Magnesium Oxide is a vital catalyst in enzyme activity, especially the activity of those enzymes involved in energy production

Note:

This is not a laxative. Magnesium Oxide is a hydraliser that hydrates the bowel.